

AKHBAR : HARIAN METRO

MUKA SURAT : 10-11

RUANGAN : LOKAL

Siti Hasmah pejuang kanser

Dikesan hidap barah payudara pada usia 92, seru wanita buat pemeriksaan berkala



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“I am a survivor (saya pejuang kanser),” demikian kata isteri Perdana Menteri, Tun Dr Siti Hasmah Mohd Ali di Hospital Kuala Lumpur (HKL) di sini, semalam.

Bercakap dalam ucapan perasmian beliau sempena Kempen Kesedaran Kanser Payudara Peringkat Wilayah Persekutuan Kuala Lumpur KL Pink October 2019, Dr Siti Hasmah berkata, beliau dikesan menghidap penyakit itu ketika usia 92.

Disebabkan itu, beliau menyeru semua wanita tanpa mengira usia supaya melakukan pemeriksaan

kesihatan secara berkala terutama dalam mengesan potensi kemunculan kanser.

“Sekarang umur saya 93. Saya disahkan menghidap kanser payudara pada Mac lalu ketika usia 92.

“Ia bermula apabila saya rasa tidak sedap lalu saya berjumput doktor.

“Doktor lakukan biopsi pada Sabtu, keputusan diperoleh pada Isnin mengesahkan ketumbuhan dalam payudara kiri saya adalah kanser.

“Sepanjang pemeriksaan sehingga hari keputusan biopsi keluar, saya langsung tidak maklumkan pada suami (Tun Dr Mahathir Mohammad) sebab tak mahu ganggu dia, dia sibuk kerja.

“Apabila dia tahu pada hari keputusan biopsi keluar, dia tak bebel, cuma dia risau sampaikan suruh saya dibedah esoknya.

“Saya masuk wad empat hari selepas itu iaitu hari Jumaat, Sabtu saya dibedah untuk keluaran ketumbuhan kecil itu, Ahad saya keluar wad.

“Sungguhpun kecil, Alhamdulillah ia kecil, yang penting adalah jangan malu atau takut untuk lakukannya pemeriksaan,” katanya.

Dalam pada itu, kempen yang dirasmikan beliau kali keempat dianjurkan HKL bertujuan memberi kesedaran saringan awal bagi mengenal pasti potensi kanser payudara.

Program turut dihadiri Pengarah HKL, Datuk Dr Heric Corray dan

Ketua Jabatan Radioterapi dan Onkologi HKL merangkap Pengerusi Jawatankuasa Penganjur, Dr Ros Suzanna Ahmad Bustamam.

Dr Heric berkata, dianggarkan seorang daripada 19 wanita di Malaysia berpotensi diserang kanser payudara, sekali gus menjadikannya hampir 700,000 wanita di Malaysia berisiko menghadap penyakit itu.

“Angka ini tidak seimbang jika dibandingkan dengan bilangan pakar yang terbabit dengan penyakit ini.

“Di Malaysia, kita mempunyai hanya 123 pakar perubatan onkologi namun hanya 49 masih berkhidmat dalam hospital kerajaan.

“Daripada jumlah itu juga, hanya 35 berkhidmat di Kementerian Kesihatan manakala selebihnya dibawah Kementerian Pendidikan,” katanya.



Kuala Lumpur: Mengharungi kepayahan sewaktu usia muda menjadikan Perdana Menteri Tun Dr Mahathir Mohamad seorang yang cukup kental dalam menghadapi apa jua cabaran sehingga muncul sebagai pemimpin yang dihormati di dalam dan luar negara.

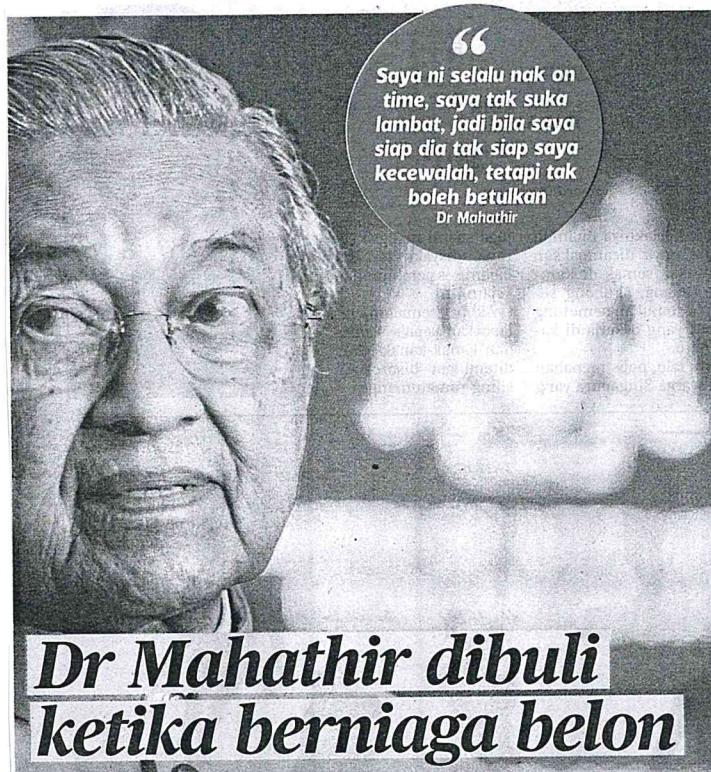
Apa yang jelas, beliau sanggup melakukan apa juga kerja dan merebut peluang tanpa fikir soal upah. Episod kehidupan itu,



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Dr Mahathir dibuli ketika bermiaga belon

selain pernah menjadi mangsa buli dikongsi beliau ketika menjadi tetamu program Geng Pagi Hot dikendalikan pengacara Fizie, Suib dan Syuk di Putrajaya yang disiarkan stesen radio Hot FM semalam.

Mengimbau kenangan itu, Dr Mahathir, 94, berkata, selepas menamatkan pengajian di Singapura dalam bidang perubatan, beliau mula bekerja dengan kerajaan sebagai *medical officer* dengan gaji hanya RM400 sebulan sebelum dinaiakan kepada RM770 selepas dinaikkan pangkat sebagai *houseman*.

"Saya tak utamakan upah dan sebagainya. Bagi saya upah tak besar tak mengapa tetapi kalau ada semangat nak kerja, kita akan kerja lebih baik. Tetapi kalau kita bergantung kepada upah, prestasi kerja kita tak baik sebab kita kerja hanya nak dapat duit," katanya.

Kehidupan Dr Mahathir turut dilakari episod menjadi penjaja di Pekan Rabu ketika zaman penjajahan Jepun setelah keluarganya hilang punca pendapatan.

"Pekerjaan pertama saya ialah jual goreng pisang, jual macam-macam di Pekan Rabu. Pada masa itu, zaman (penjajahan) Jepun, kita

miskin, kita buat cara miskin, dan kerja tidak ada. Saya bukan doktor ketika itu.

"Jadi saya kerja jual goreng pisang, jual kayu api dan sebagainya di Pekan Rabu antara tahun 1943 atau 1944. Keluarga saya pun tidak ada pendapatan sebab ramai ketika itu kakitangan kerajaan kena berhenti, abang saya berhenti kerja, bapa pun tidak dapat pencen, jadi saya terpaksa kerjalah," katanya.

Beliau menegaskan usaha keras dan pegangan kepada nilai hidup yang baik menjadi penentu kepada kejayaan.

"Maju atau tidak seseorang, sesuatu bangsa atau negara bergantung kepada nilai hidup pegangan mereka. Kalau rajin, amanah dan ada perasaan malu jika gagal, bangsa itu akan berjaya," kata perdana menteri.

Tetapi, katanya, jika bangsa itu mendudu lombong emas sekalipun, mereka tidak akan berjaya jika tiada usaha membawa keluar emas itu dan menjadikannya barang perhiasan.

Dr Mahathir turut mengimbau zaman persekolahan yang menyaksikannya pernah menjadi mangsa buli ketika bermiaga belon.

"Saya beli belon dua sen, dapat tiga belon dan jual

semula satu sen, dapat (hasil) tiga sen, jadi kawan saya bawa ke kantin, saya kena beli nasi bagi kepadanya dan saya memang takut dengannya.

"Jadi dulu-dulu kadang kala saya kena bulilah," katanya.

Dr Mahathir turut berkongsi dengan pendengar minatnya memandu kereta bermula apabila memiliki kereta berbumbung kain sejak zaman belajar di Singapura lagi sehingga beliau kadangkala sanggup memandu dari Singapura ke Kuala Lumpur hingga ke Alor Setar.

"Saya seronok bawa kereta walaupun kadangkala malam-malam berasa sakit kaki sikit sebab tekan pedal, tetapi bawa kereta itu macam satui hiburan."

Ketika ditanya siapa yang kuat merajuk antara beliau dan isteri, Dr Mahathir berkata, kebanyakannya masa sebelum ini dirinya suka merajuk dengan isteri terutama melibatkan isu masa.

"Saya ni selalu nak on time, saya tak suka lambat, jadi bila saya siap dia tak siap saya kecewahal, tetapi tak boleh betulkan (masalah lambat).

"Sekarang saya terima dia mestilah lambat dan saya mestilah terima hakikat nak tunggu dia, jadi tidak ada masalah," katanya.

AKHBAR : THE STAR
MUKA SURAT : 2
RUANGAN : NATION

PM: Higher land prices lead to higher property prices

KUALA LUMPUR: A higher price can be offered to Kampung Baru landowners but the properties developed there will eventually escalate to seemingly unaffordable levels, says Tun Dr Mahathir Mohamad.

The Prime Minister said higher land prices would lead to higher property prices that might be out of reach for many Malays.

The current market price outside of Kampung Baru can reach up to RM7,000 psf (per square foot).

"If we followed that, many Malays would not be able afford to buy a property there. That is why a special price is offered," he said at a press conference after officiating at the International Medical Device Conference and Malaysia Medical Device Expo.

Recently, the government offered to buy Kg Baru land at RM850 psf in an effort to redevelop the area but many landowners there considered it to be too low.

Separately, Dr Mahathir said reducing the minimum property price for foreign buyers to RM600,000 as tabled in Budget 2020 was to help reduce the property overhang in the country.



"A property overhang can result in a crisis which has happened in Hong Kong and Tokyo before and therefore we need to get rid of the overhang so that the property market will be healthy again," he said.

Dr Mahathir admitted that he was critical of foreigners owning a

luxury property in the past but he said the situation was different now.

"Forest City is different. It is a very luxurious development that Malaysians cannot afford to buy."

"Here, Malaysians can buy and help reduce the overhang but since

Taking a tough stance: Dr Mahathir addressing the press after officiating at the Malaysia Medical Device Expo 2019 and International Medical Device Conference in Kuala Lumpur. With him are Health Minister Datuk Seri Dr Dzulkefly Ahmad (left) and Health director-general Datuk Dr Noor Hisham Abdullah.

new projects.

On another issue, Dr Mahathir said it was fine for Penang Deputy Chief Minister II P. Ramasamy to feel unsatisfied with the Security Offences (Special Measures) Act (Sosma) 2012 to be used on 12 people with alleged links to the Liberation Tigers of Tamil Eelam (LTTE).

"The situation is different now. Police don't simply arrest people. There must be a reason for it and I have heard their explanation and I am satisfied. If he isn't satisfied, that's alright," he said.

Ramasamy earlier said the arrest of 12 people, including two DAP assemblymen – Seremban Jaya's P. Gunasekaran and Gadek's G. Saminathan – under Sosma was a hard pill to swallow as Pakatan had been critical of draconian laws and vowed to repeal them.

Ramasamy also said that Dr Mahathir's stand went against Pakatan's promises.

Watch the video thestartv.com



AKHBAR : THE STAR

MUKA SURAT : 4

RUANGAN : NATION

Perak man infected with Zika

Health Ministry's disease control division has been alerted

By MAZWIN NIK ANIS
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PUTRAJAYA: A man in Perak has been infected with Zika, a viral disease transmitted by the Aedes mosquito. There has been no reported case for two years.

The last case in Malaysia was reported in 2016, with eight people found infected with the virus, said health authorities.

On the latest incident, health director-general Datuk Dr Noor Hisham Abdullah said the ministry's disease control division was alerted by the Perak health department on Oct 12 regarding a single suspected Zika case.

"A test conducted by the Institute of Medical Research the next day found the result to be positive," he said in a statement yesterday.

The patient is a 30-year-old and was hospitalised on Sept 27 after he showed symptoms such as vomiting and diarrhoea.

On Sept 29, he was transferred to the intensive care unit. The patient is still being warded and is reported to be in stable condition.

Dr Noor Hisham said the latest case brought the total number of recorded cases in Malaysia to nine, with eight of them recorded in 2016.

"In 2017 and 2018, 3,178 blood samples and 15 urine samples were taken from patients who had the symptoms. The results were negative," he said.

Thus year as at Oct 5, 2,144 blood



Taking precautions: A bunting warning on Zika disease is seen at Hospital Sungai Buloh. The Health Ministry has confirmed that a man in Perak has been infected with the disease.

and 38 urine samples were tested. All came out negative.

Zika is spread by Aedes, the same mosquito that spreads dengue and chikungunya, with common symptoms including fever, rash, joint and muscle pain and conjunctivitis.

Babies of Zika-infected mothers risk being born with microcephaly – a condition in which the brain does not develop properly, which leads to the baby's head being noticeably smaller than normal.

A Zika epidemic in Brazil in 2015 saw over 2,000 cases of microcephaly suspected to be linked to the virus, resulting in the World Health

Organisation declaring the situation as a public health emergency of international concern.

Fortunately, a pregnant woman in Johor Baru who was infected in 2016 eventually gave birth to a normal baby girl.

Dr Noor Hisham said the public should undertake preventive measures including cleaning their surroundings and destroying mosquito breeding sites.

Using aerosol sprays to kill adult mosquitoes, using repellent and dressing appropriately are some of the measures recommended by authorities.

"It is also advisable to refrain

from visiting countries that have Zika cases," he said, adding that those who fall ill after returning from countries with such cases should seek medical attention.

Dr Noor Hisham also said that the number of dengue cases was very high, with 104,745 cases and 152 deaths as at Oct 12.

There is currently no vaccine for Zika, and chikungunya, while more clinical trials and research are needed to develop a highly effective dengue vaccine.

"Destroying Aedes breeding sites will prevent not only dengue, but also Zika and chikungunya," he said.